# HERE'S TO HEALTH

COVID-19 vaccines teach our immune systems how to recognize and fight the virus. It typically takes a few weeks after vaccination for the body to build protection against the virus.

## **Common side effects**



On the arm where you got the shot - **Pain** - Swelling

Throughout the rest of your body

- Fever

- Chills
- Tiredness
- Headache





To reduce pain where you got the shot

you got the shot - Apply a cool washcloth - Exercise your arm



To reduce discomfort from fever

- Drink fluids - Dress light

## COVID VACCINE EDITION



#### **Authorized Vaccines**

#### Moderna

Number of shots: 2 shots, one month (28 days) apart

Effectiveness: 94.1%

### **Pfizer-BioNTech**

Number of shots: 2 shots, 21 days apart

Effectiveness: 95%

www.cdc.gov/coronavirus

#### **Reassuring results**

**Ensuring safety of** 

vaccines

Millions have received vaccine

**COVID-19** vaccines were

evaluated in tens of

thousands of participants

in clinical trails

Some people have no side effects. Many report mild side effects after vaccination, like pain at injection site, headache, chills or fever



App that uses text messages and surveys to provide personalized health check-ins after you receive the vaccine