

# HERE'S TO HEALTH

## Benefits of having a primary care provider:

- Assess your general health
- Identify any health issues that could require treatment
- Discuss personal health goals and appropriate actions plans
- Assess risks for cancer, diabetes, etc.
- Make sure vaccinations are up to date
- Nicotine-use counseling

Whether your goal is to maintain or improve your health, it helps to have a partner. Having a connection with a primary care practitioner (PCP) increases your chances of attaining your optimal health.



## PRIMARY CARE PROVIDER EDITION

*Give yourself the gift of great health  
and schedule your visit today!*



Not sure which screenings you need? [Click here to find out?](#)



TriHealth.com

Schedule preventative screenings covered at 100% such as:

- Colonoscopy
- Mammogram
- Pap smear

Your doctor is knowledgeable on mind-body connection and can offer you solutions to help you cope with issues that have arisen since your last visit.