

HERE'S TO HEALTH

Explore the Blood Donation App



 Easy appointment scheduling

 Track your blood donations and health history

 Stay updated on special promotions

 Find and map local blood drives

Health Benefits to Giving Blood

Improves cardiovascular health



Reduces risk of heart attack



Lowers the risk of stroke



Produces new blood cells



Lowers risk of cancer



Burn up to 650 calories



B L O O D D R I V E E D I T I O N


AssuredPartners

Volunteer donors are the only source of blood for those in need. The Red Cross follows the highest standards of safety and infection control.