



New qualified expenses for your HSA, HRA or FSA

OTC drugs without prescriptions and menstrual products qualify

Anthem remains focused on our commitment to making sure you have access to care and helping to ease the financial burden you and your family may be experiencing due to COVID-19.

We want to let you know that a new federal law expands how you can use your health savings account (HSA), health reimbursement account (HRAs – Member Pay), or flexible spending account (FSA):



You can now use these accounts to purchase over-the-counter (OTC) medicines that had previously required a prescription. You can also use them to purchase menstrual products.

This will help you save on health care costs because the funds in these accounts are pre-tax.



For now, you'll need to pay for these items out of your pocket and file claims for reimbursement. Be sure to keep your receipts. All eligible purchases you make after

December 31, 2019, qualify.



You'll soon be able to use your HSA, HRA or FSA debit card for these purchases. Retailers are updating their systems to accept the cards for the newly approved items. Some stores may be ready as soon as April 15 for OTC medicines and May 15 for menstrual products. Others may need several weeks for the update.

This change was made as part of the Coronavirus Aid, Relief, and Economic Security Act (CARES Act), which was signed into law March 27. It went into effect immediately.

Our top priority is your health and well-being, and we'll continue to let you know about changes that make it easier to access care. We'll also continue to provide resources and tools that will help you deal with the challenges you and your family may be facing with the COVID-19 outbreak.

To learn more about your health plan benefits and COVID-19, go to [anthem.com/coronavirus](https://www.anthem.com/coronavirus).

If you have questions or need help, call us at the Member Services number on your ID card.

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