

# HEALTHY AT HOME

## Tips for Making Your Virtual Meeting More Professional

### Look at camera, not the screen

This will make it seem like you are looking directly at the person, which will create a stronger connection.

### Raise your webcam to eye-level

Put a box under your laptop. This will create a more natural setting, as if you were both sitting across from each other at the same table.

### Create good lighting

Having two LED desk lamps with adjustable intensity on either side of your webcam directed toward your face is ideal. One large lamp can also work.

Virtual meetings are becoming the most efficient way to hold meetings in business today. They can be used with colleagues for business meetings, trainings, presentations or even employee interactions.



## VIRTUAL MEETING EDITION

  
AssuredPartners

### Poor Lighting

